

COURSE CONTENT:

- 8:00 - 8:30 *Registration and Continental Breakfast Service:* vanilla yogurt with granola, sliced fresh fruit, hard cooked eggs and multi-grain bagels with cream cheese, juice, coffee and tea
- 8:30 - 10:00 **Pregnancy and Psychotropic Drugs:**
To medicate or not to medicate pregnant women with depression, anxiety or bipolar disorder
- 10:00 - 10:15 *Break*
- 10:15 - 12:00 **Preschool Psychopharmacology:**
Guidelines and principles, treatment of preschool ADHD, disruptive behavioral disorders, depression, bipolar disorder and anxiety disorders
- 12:00 - 1:00 *Lunch Break, on your own*
- 1:00 - 2:15 **Psychopharmacology for Older Children and Adolescents:**
General overview, treatment of autism, behavioral or aggressive disorders, and ADHD
- 2:15 - 2:30 *Break*
- 2:30 - 4:00 **Psychopharmacology for Older Children and Adolescents:**
Treatment of depression, resistant depression, bipolar disorder and anxiety disorders

Continuing education certificates will be provided at the end of the day.

COURSE INSTRUCTOR: Robert M. Julien, M.D., Ph.D.



University of California at Irvine.

Robert Julien, MD, Ph.D. is both a physician and psychopharmacologist with over 34 years of experience. He received his Ph.D. in Pharmacology from the University of Washington and his Medical Degree from the

University of California at Irvine. A nationally acclaimed teacher and author, Dr. Julien's psychopharmacology textbook, *A Primer of Drug Action* (Worth Publishers, 2008, 11th edition) with 30+ years of continuous publication is regarded as the definitive textbook of psychopharmacology education. Dr. Julien lectures widely on psychopharmacology and is able to clearly and concisely present clinically relevant materials to empower health care professionals in understanding the medications their clients may be taking.

ACCREDITATIONS:

- ⌘ **Naturopathic Physicians:** Application to grant **6.0 (pharmacy or general)** continuing education hours has been submitted to the **Oregon Board of Naturopathic Examiners.**
- ⌘ **Nurses:** Robert M. Julien, M.D., Ph.D. is a provider approved by the **California Board of Registered Nursing**, provider number: CEP 13054. This course provides **6.0** continuing education hours. *These hours will be accepted by the Oregon State Board of Nursing.*
- ⌘ **Pharmacists:** Application to grant **6.0 (therapeutics)** continuing education hours has been submitted to the **Oregon Board of Pharmacy.**
- ⌘ **Psychologists:** This seminar meets continuing education criteria for psychologists licensed in Oregon for **6.0** hours.

If your board is not listed, please check their current regulations to determine how to receive credit.

CHILD AND ADOLESCENT PSYCHOPHARMACOLOGY

Prenatal through High School

Friday, April 16, 2010
Monarch Hotel & Conference Center
12566 SE 93rd Avenue
Clackamas, Oregon 97015

8:30 a.m. - 4:00 p.m.
Registration and continental breakfast service (with healthy options!) begin at 8 a.m.

\$125 per person
\$110 per person, groups 3+

Whether or not to medicate mental health disorders during pregnancy is a complex decision involving maternal health as well as possible adverse effects on the unborn child. Similarly, medicating youth is equally important and controversial. On the one hand should medicines be administered to youths with psychological disorders, offering positive benefits but perhaps altering the developing brain? Do short-term benefits translate into long-term improvements, or might harm follow?

Incorporating the latest literature, Dr. Julien will address the fetal effects of maternal drug intake and, in children, the treatment of behavioral aggression, anger, autism, ADHD, depression (emphasizing medication efficacy and medication-related suicide), anxiety disorders and bipolar disorder. This seminar is intended for all those who work with women of child-bearing age as well as those who work with children and adolescents with mental health disorders.